EMBRACE THE BLOSSOMS AT OP JUNCTION CITY

Register now at OpheliasPlace.net

After School Drop-In

Beginning April 1 Mon, Tues, Thurs | 3-6pm Early Release Wednesdays – 2:30 Hang out, eat a snack, play games, make a craft, and more! Requires orientation

Kitchen Masters

Tuesdays, beginning April 2 | 4-5:30 pm Learn how to make easy and fun recipes.

Cozy Nights In

Thursdays: April 18, May 16, June 13 | 4-5:30pm Cozy up in your PJs at Ophelia's Place for snacks, movies, and fun activities. Don't forget your favorite blanket!

Gardening Class with Karin from Ewing Outdoor Supply

Monday April 22|4-5:30 pm Join us this Earth Day to learn from a local gardener, Karin, on the basics of potting plants, the environment, and nature all around us! Take home a potted plant for you or as a gift.

Parent Daughter Event-Candle Making

Friday May 3|5-7pm Come join OP staff and interns for a night of candle making. You can pick your own scents, containers, and colors! Bring one adult of choice. Registration required

Ultimate Frisbee Workshops

Tuesdays: May 7 and June 4 | 4-5pm Have fun and learn new skills during this introduction to the sport of ultimate frisbee.

Tree Identification Walk in the Neighborhood

Wednesday, May 8 | 4-5pm Join OP and Friends of Trees for a walk around the neighborhood and learn to identify trees and plants.

Pizza and Game Night

Friday, June 7 | 5-7pm Join us for pizza, treats, games, and laughter!

End of Year Celebration

Wednesday June 12 | 4-6pm Let's celebrate a great school year and the beginning to summer! Treats and fun games.

Continued ->

We require orientations before joining or within two weeks of registering for all activities. Activities are for girls ages 10-18 unless otherwise noted. Call 541-284-4333 or email <u>info@opheliasplace.net</u> to get started! 1497 Kalmia Street Junction City, OR 97448

Therapy Groups and Workshops

Honoring Our Diversity

Mondays, beginning April 15 | 5pm-6pm Virtual (via Zoom) An 8-week program for girl-identified, gender expansive, and nonbinary youth of color to explore and celebrate their culture. Informed consent is needed for the first session, and weekly attendance is required. Registration required

OP Drop-In Support Group

Thursdays, beginning April 18 | 5pm-6pm Virtual (via Zoom) Free drop-in support group for middle and high-school girls and non-binary youth. No weekly commitment. OP therapists focus on empowerment and skillbuilding. Ideal for those on therapy waitlists. Informed consent required.

Body Positive Ophelia's Place

Wednesdays, beginning April 17 | 5:30-7pm Virtual (via Zoom) An 8-week group for girls, non-binary, gender nonconforming, and gender fluid individuals to support body image, self-care, and community building Registration required



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