

Ophelia's Place



Empowerment | Education | Support

Junction City

After and Out-of-School Program

Ophelia's Place After and Out-of-School Programs include our drop-in center, parent-daughter events, and a variety of youth-centered activities offered year-round in four tracks:

Whole Girl Health
Wellness for Mind and Body

G-TEC
Science, Technology, & Nature

Expressive Arts
Creativity and Inspiration

Academic Enrichment
Support for Success

Spring 2020 Calendar of Events

Drop-In

Monday - Thursday, 3-6 p.m.

**Early Release Wednesdays, 2:30-6 p.m.

FREE—No registration required

After school drop-in is a positive, relaxing environment where young women can hang out, eat a nutritious snack, do homework, engage in craft activities, and spend time with friends. All girls are welcome in our safe and supportive space.

Drop-In Craft of the Week

Weekly drop-in activity

FREE—No registration required

Get crazy with craft supplies! Each week we have a different craft at drop-in, and girls can take home their creations. Grab your glue guns and paint brushes and let your inner artist run free!

Special Event: Mother-Daughter Day

Saturday, May 9, 10 a.m.-2 p.m.

\$10-30 sliding scale (scholarships available)

Join other moms/guardians and girls for a one-day workshop designed to improve effective communication and strengthen your relationship. This workshop is facilitated by OP therapists and includes fun games, interactive activities, and inspiring conversations. Lunch is provided. For girls 11-14 and a supportive adult in their lives.

Registration required—register by April 30.

Crack Out the Cascarones

Wednesday, April 8, 3:30-4:30 p.m.

FREE—No registration required

Make cascarones (hollowed eggshells filled with confetti) and share them with your friends—by cracking them on each other! Get ready for the confetti shower!

Happy Little Trees Painting Party

Wednesday, April 22, 3:30-4:30 p.m.

FREE—No registration required

Bob Ross is our guide as we get out the canvases and paint whatever captures the imagination! Explore tips and techniques for working with acrylics. We'll work outside in the park in the shade of our own happy little trees!

I Woke Up Like This

Tuesdays, May 5, 12, 19, and 26, 4-4:45 p.m.

FREE—Registration required

Does feeling negative about your body seem like the norm? It doesn't have to be! Let's talk about our relationship with our bodies, food, and joyful movement. Together, we'll learn about accepting our bodies just as they are! Group meets for check-ins, activities, and special snack. Girls are encouraged to attend all sessions. Parent permission required for girls under 14.

Registration required—register by April 23.

Pick & Paint a Planting Pot

Wednesday, April 29, 3-4 p.m.

FREE—No registration required

Decorate mini-terra cotta pots and plant a seedling to take home, and learn about how to care for your new green friend and nurture it through to its full flowery potential! A great gift for Mom or a special woman in your life who inspires you. Facilitated by the Junction City Garden Club.

Tiny Science!

Wednesday, May 13, 4-5 p.m.

FREE—Registration required

The U of O's Women in Graduate Science are back! During this workshop, we will be talking about model organisms. Model organisms are creatures like nematodes, and fruit flies that we use to study biological processes! So come join us and figure out how something super-tiny can be super-important!

Registration required—register by May 7.

Wreck This Journal

Thursday, May 21, 4-5 p.m.

\$5-10 sliding scale (scholarships available)

Drop it, rip it, scratch it, wreck it! Every participant will get to take home their own copy of Keri Smith's popular journal, which is full of prompts that give us permission to get crazy, silly, and messy with art. Put perfection aside as we go through a few prompts together to get your journal started on the path to total wreckage!

Registration required—register by May 7.

The Big Bubble Challenge

Wednesday, June 3, 4-5 p.m.

FREE—No registration required

We're talking BIG bubbles! Learn what makes the big bubble secret sauce, and about things like how your ingredients affect the surface tension (and therefore the survival!) of your bubbles. All participants will get the recipe and a bubble wand to take home.

Dance the Night Away

Friday, June 12, 6-8:30 p.m.

\$5-10 sliding scale (scholarships available)

We're going to have pizza and crank to the tunes as we celebrate the end of the school year and the start of summer. Bring your best Tik-Tok dance moves!

Registration required—register by June 4.



To register for activities, book an orientation, or request disability accommodations:
Ph (541) 234-5027 / Email rachael@opheliasplace.net

Please schedule an OP orientation within 2 weeks of attending activities or drop-in.

Ophelia's Place 541.234.5027 | www.opheliasplace.net | 1497 Kalmia Street Junction City, OR 97448